



THE FOREST PARK CLASSIC
4 Mile Road and Trail Race
May 15, 2011, 10 AM (rain or shine)

This Race is held for the benefit of Memorial Sloan- Kettering Cancer Center.

DATE, TIME & LOCATION:

May 15, 2011 @ 10 AM
 Victory Field at Forest Park; Woodhaven Blvd. and Myrtle Ave.,
 Race day Registration and check in at Victory Field Track.

ENTRY FEE:

Pre-entry postmarked by Monday, May 09, 2011 - \$15.00.
 Race day entries \$20.00 until 9:45AM.

SPONSORS:

Beat the Clock Printing
 Vitelio's Marketplace
 Sybil's Bakery Inc.
 Alfie's Pizza
 Sonny's Collision

CHECK OUT OUR WEBSITE:

www.forestparkrunners.org
 For: race results, race photos, downloadable application and online registration-www.active.com

COURSE:

4 mile out and back loop through and around the Beautiful trails and roads of Forest Park. Start and finish on the track at Victory Field. Splits at 1 mile, 2 and 3 mile points. Multiple water stops along the course.

PARKING: Band Shell Parking Lot & Local Streets

REFRESHMENTS FOR ALL RUNNERS:

Bagels, Apples & Bananas

AWARDS:

\$100.00 CASH to the first male and female Overall Winner.
\$75.00 to the 2nd overall male and female
\$50.00 to the 3rd overall male and female

TROPHY AWARDS: To the top 3 in the following age group division categories: 14 and under, 15 to 19 and in 10 year age groups 20 through 69. First Place Male/Female for 70+. No duplication of awards.

RAFFLE:

Gifts and gift certificates will be raffled off at The end of the race. Winners must be present To receive award.

T-SHIRTS: guaranteed to present pre-entrants.

For further information call The Forest Park Runners: Frank Gallo (718) 296-4015 e-mail: fgallo813@verizon.net

Grimaldis Home of Bread
 McDonalds of Glendale
 Ridgewood Savings Bank
 Top Choice Landscaping
 Astoria Bank

Staples
 Spyros Tsoumpariotis, DPM Podiatrist
 Envelope Manufacturers
 Morrison Bar
 Dr. Mitchell Proffman DC

Make checks payable and mail to:

Forest Park Runners Club 2011
P.O. Box 210321
Woodhaven, NY 11421

T-Shirt (Circle One)

S M L XL

Official use only

 Last Name

 First Name

 Sex

 Age

 Date of Birth

 E-Mail Address

 Running Club

 Phone

 Street Address

 City

 State

 Zip

In consideration of the foregoing, I the undersigned, for myself, my heirs, my executors, and administrators, waive and release any and all rights and claims for damages I have against the Forest Park Runners Club, the City of New York Parks & Recreation, and the above named sponsors and any and all sponsors, their representatives and successors, as a result of my participation in the Forest Park Classic 4 mile Road & Trail Race. I attest and verify that I am physically fit and have sufficiently trained for the completion of this event and my condition has been verified by a licensed medical doctor. Further, I hereby grant full permission to use any photographs, motion pictures, video tape, recordings, or any other record of the event for any legitimate purpose.

 Signature

 Date

 Parent's Signature (if under 18)